

## APNL Psychologists help with needle fears

As the province of Newfoundland and Labrador works to increase the number of vaccinated citizens, we know that needle fear can be a significant barrier for some. We're glad you've reached out for assistance, and our Psychologists will try to help you understand your fears and help with coping techniques.

In participating in this program, you have read and agree that:

*We, the Association of Psychology Newfoundland and Labrador (APNL) are pleased to facilitate a referral program to support members of the NL public with needle fears that may be preventing them from getting the COVID-19 vaccinations. In doing so, we endeavour to connect members of the public with psychologists who are available to assist on a pro-bono basis via tele-psychology. These psychologists are independent of the APNL and are not under our employment. All questions pertaining to scope of practice and treatment should be directed to the psychologist. As the APNL is only acting as the referral source, no client relationship is created with the APNL once you connect with your psychologist. If you choose to use the referral program, you accept that APNL is not liable should any problems or issues arise as a result of your use of the referral service, including, but not limited to, your initial contact with a psychologist (by phone or email) or in the provision of psychological services. Any concerns can be directed to the Newfoundland and Labrador Psychology Board (NLPB). On behalf of the APNL, thank you for all of your efforts to fight COVID-19 and protect Canadians.*

*Participation is limited to a single-session and does not constitute an ongoing client relationship with the Psychologist.*

*While the session is confidential, standard limits of confidentiality apply (reports of harm or risk of harm to a minor, imminent suicidal or homicidal thoughts, subpoena, chart audit)*